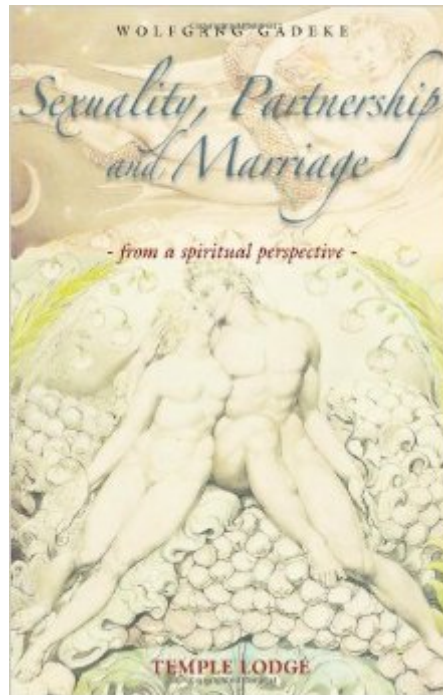


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# Sexuality, Partnership And Marriage: From A Spiritual Perspective



## Synopsis

Sexuality, partnership, and marriage present us with some of the most difficult life challenges and questions of our time. With social attitudes in constant flux, some of these questions seem almost unanswerable. What is a healthy relationship? What is the role a partnerâwhether male or female? What is the place of sexuality in a relationship? Are marriage and monogamy still relevant in the twenty-first century? In this invaluable collection of accessible interviews and lectures, the author deals with these and many other questions with refreshing candor. Having gained much knowledge from his many years of work as a priest, marriage counselor, and studies of Anthroposophy, GÃrdekeâs approach is full of spiritual insight, as well as frank, practical, and down-to-earth. Some of the themes discussed are overcoming blocks to communication; finding oneâs essential self within a marriage; the role of children in a relationship; sexuality and children; perversions; the role of counseling; relationships and monogamy; the concept of marriage and its spiritual repercussions; biological and soul differences; and, the fundamental sexual polarity of man and woman.

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